

2010

Healthy Family Scavenger Hunt

The Healthy Family Scavenger Hunt, sponsored by MVP Health Care and in collaboration with the Monroe County Cooperative Extension was held on Saturday, October 16, 2010 to raise awareness of childhood obesity and raise funds for the GDA Nancy DeMuth Ruhle Scholarship. The goal was to educate parents and their children on healthy lifestyle habits to reduce the incidence of childhood obesity. Activities included a Fun Walk for Families through Highland Park in Rochester with the theme of a scavenger hunt with a passport, interactive nutrition displays and fitness displays, healthy snacks, raffles and a healthy lifestyle giveaway bag for each family.

The GDA Planning Board:

Educational Displays-Sue Grace and Arielle Januszkiewicz

Food- Joan Panepinto

Marketing- Heather Fiore

Volunteers- Colleen Surek

Route and Passport-Elissa Strassman

Prizes/giveaways-Kathy Ippolito



There were prizes donated by 17 organizations or individuals with the theme of healthy eating or physical activity.

There were food donations from 9 companies to provide participants and volunteers with healthy foods and beverages from all food groups.

Thank you to the many volunteers who were involved: Katherine Bills, Jane Braband, Jaclyn Brisson, Cheryl Cunningham, Susanne Fili, Katie Gleason and son, Alan Grace, Danielle Pacella, Ilissa Palmer, Ellen Pfeiffer, Kathryn Pridey, Darcy Prunoski and daughter, Shane Surek, Alix TePoel, Rylee TePoel, Brianna Woods; CCE : Master gardeners, CCE 4H leaders and members; Arc of Monroe individuals: t-shirts and bag assembly; Greater Rochester Health Foundation: Giveaways: reusable bags, brochures, wristband, stickers and visors with the theme of the 5-2-1-0 goals.



