

**Finger Lakes Health  
&  
Rochester Area Diabetes Educators  
presents:  
THE CHALLENGE OF A GOOD NIGHTS SLEEP**



**Dr. Donald Greenblatt; Ernest Carney LPN, CPAP Support  
Strong Sleep Disorders Center**

**Purpose:** To provide the RADE membership with an overview of the link between sleep apnea and diabetes; the risk factors for sleep apnea and the process of screening, diagnosing and treatment options available for the condition. Participants will have a demonstration of the equipment.

**Objectives:** The participant will be able to:

1. State the link between sleep apnea and diabetes
2. List two of the effects of untreated sleep apnea
3. State one risk factor for sleep apnea
4. Describe the screening process and diagnosis for sleep apnea
5. List one treatment option and one patient barrier to treatment
6. State one difference between bipap and cpap
7. State one way you will incorporate this information into your practice

**When:** Tuesday, January 31, 2012

5:00 pm - 5:30 pm Registration, Networking

5:30 pm – 6:00 pm Dinner

6:00 – Dr. Donald Greenblatt and Earnest Carney LPN, CPAP Support,  
Strong Sleep Disorders Center

**Where:** Cerase's Italian Villa  
3400 Winton Place  
Rochester, NY 14623

**Cost:** \$10.00 charge for RADE members. \$25 for non-members to cover cost of the meal  
Please make checks payable to RADE and mail by January 27<sup>th</sup> to: Sally Nordquist, 124 Biltmore Dr.,  
Rochester NY 14617

**Email:** [sally\\_nordquist@urmc.rochester.edu](mailto:sally_nordquist@urmc.rochester.edu)

**Phone:** 585-341-7065

To receive a statement of credit, the participant must be present for the 60-minute presentation and fill out an evaluation form. Once this is completed, the Statement of Credit will be handed out at the end of the program.

**Finger Lakes Health is an approved provider of continuing nursing education by the New York State  
Nurses Association, an accredited approver by the American Nurses  
Credentialing Center's Commission on Accreditation.**

**1.0 contact hours will be awarded**